



THE SONG OF CONSCIOUSNESS

SUPPLEMENT TO THE BOOK: „THE SOVEREIGN INTEGRAL”

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The Song of Consciousness

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There is but one song that is eternal: The Song of Consciousness. This Song has always had a presence on Earth. Always. It is the underlying essence of our lives in whatever form, place, or time we are.

For those of us who've suspended our ability to hear and feel this Song, it is a choice, isn't it?

The Song never leaves us. If we wish to hear it consciously, we can. It must be this way, otherwise we live in an absurd world for which there would be no purpose, even to love.

And what higher intelligence would knowingly create an absurd reality? What evolutionary path would lead to or be attracted by absurdity?

This song is a signal within the noise. It is not hidden or held in secrecy. It is a matter of our attention. Where's our mind? From what inspirations do our thoughts flow? To what song do we draw nearer?

Signal or noise creates choice. Choice creates learning value. Learning value gives rise to realizations. And it is realizations which we live for.

Subconsciously we do hear this Song, we are simply good at denying its entrance into our busy lives.

Being human has its demands. From an early age, we're taught how to be dismissive of a Song of consciousness. We become so good at it, and we can sense it and dismiss it in the same cycle of a single breath.

In a reality that does not bring judgment, the actions of denial and acceptance are parts of the same thing. This Song includes all life, all actions.

In this reality, our hearts and nature are its refuge; the portals through which it comes into our singular human experience and expresses itself.

A thousand voices have covered the Song. Some claim they wrote it. Some claim no ownership. Some believe their interpretation is from the original Song. Some embellish it, believing they have improved or at least made more comprehensible The Song of Consciousness.

Some live it without even knowing. This one song has sprouted not less than a billion beliefs. And yet, if we just open ourselves to see it, to hear it - even if

just a single moment - we know this Song is the Song of unity intelligence, a collective intelligence, the integral of us all.

It's always here. Always on, always for us, whenever we choose it without the faintest glimmer of guilt or doubt. Approach like this it fills our lives like the ocean fills the lives of whales. The beautiful thing.

One cannot lose it, any more than one can own it.

The original of the above text has been published as an audio file, where the text is read by Mark (the site webmaster), and a piece of music prepared by James can be heard in the background. You can listen to this file at the locations listed below.

<https://sovereignintegral.org> (original)

<https://www.wingmakers.pl/piesn-swiadomosci.html#english-text> (English subtitles)

https://www.youtube.com/embed/7PsRjk4gPJQ?hl=en&cc_lang_pref=en&cc_load_policy=1 (youtube)